

# St Benedict's Parish

## Arcadia

To desire eternal life with all spiritual longing.  
Rule of St Benedict, Chapter 4



### COVID-19 RESTRICTIONS UPDATE:

**Church Attendance:**  
**One person per 4sqm,**  
**maximum 250 people.**

**Masks are mandatory**

**Please use QRCODE provided or write your name and phone number when you enter Church after sanitizing and wearing a mask. Contact Paula on 0423 078 282.**



## Fifth Sunday in Ordinary Time Year B

6 & 7 February 2021

### Entrance Antiphon

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

### First Reading

*Job 7:1-4, 6-7*  
A reading from the prophet Job  
*I am filled with sorrow all day long.*

### Responsorial Psalm

**R.** Praise the Lord who heals the broken-hearted.

### Second Reading

*1 Corinthians 9:16-19, 22-23*  
A reading from the first letter of St Paul to the Corinthians  
*Punishment will come to me if I do not preach the Gospel.*

### Gospel Acclamation

Alleluia, alleluia!  
He bore our sickness,  
and endured our suffering.  
Alleluia!

### Gospel

*Mark 1:29-39*  
A reading from the holy Gospel according to Mark  
*He cured many who suffered from diseases of one kind or another.*

### Communion Antiphon

Blessed are those who mourn, for they shall be consoled.  
Blessed are those who hunger and thirst for righteousness,  
for they shall have their fill.

### PARISH MASSES

#### Weekend Mass:

Saturday 7:00pm  
Sunday 9:00am  
Sunday 10:30am  
Sunday Latin 4.30pm

#### Weekday Mass:

Mondays to Thursdays 9:30am  
Fridays 7:00pm followed by Confession  
First Friday of the month 6.30pm Adoration

### MONASTERY CHAPEL Mass

Sundays 7:00am  
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

**Fr Bernard: 0416 032 497**

**Gospel reading for this Week****Mark 1:29-39**

A reading from the holy Gospel according to Mark

*He cured many who suffered from diseases of one kind or another.*



On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

**GOSPEL REFLECTION****Mark 1:29-39**

Illness reminds us of our finite nature. It limits our social interaction and our ability to serve others. Illness brings the end of our existence in clear view. It forces us to answer the ultimate questions of our purpose on earth.

Illness presents us with a choice. To reject God and the hope he brings. Or, to believe. Illness can provoke us to follow the path to spiritual death. Or, it can lead us to forgiveness, healing, and inspiration for others. In other words, illness can bring us and others to God. Illness can evangelize.

Christ came to show us the way to wholeness. He came to heal our bodies, our hearts, and our spirits. He heals in many different ways, but his healing always serves a greater purpose: faith. He heals as a way to announce the Kingdom of God.

*When we suffer from illness, or serve others who are sick, we, too, are called to announce God's reign.*

Reflect on an illness you have had. How did that illness challenge you? Did it increase your faith? Was the Lord close to you? Or did he feel distant? Explain.

Get right with the Lord. If we listen for the words of the Lord in health or in sickness or in social isolation, he still delivers the same message. When we stand before God as his beloved, we experience healing. The healing may be at different levels and at different times, but we do experience a sense of wholeness. When we get right with the Lord, we get right with others and ourselves.

Get right with the Lord. Our duty, our challenge, is to pass that message onto others through our words and healing deeds.

*Last week, you got ready to hear the Lord and feel his healing touch. What happened in the last week to confirm that prayer? How can you pass that prayer onto others this week?*

Source of Content: [www.word-sunday.com](http://www.word-sunday.com)

**FEAST DAYS FOR THIS WEEK**

**Wednesday 10th of February MASS 9.30am: St Scholastica, twin sister of St Benedict.**

*St. Scholastica, God granted your request because of your great love. I ask now that you turn to God with my request out of your great love for Him and your great love for me. Amen.*

**Thursday 11th of February MASS 9.30am: Our Lady of Lourdes**

*"Our Lady of Lourdes, pray for us!"*

*"Saint Bernadette, pray for us!"*

*"O Mary, conceived without sin, pray for us who have recourse to thee!"*

## ROSTER FOR NEXT WEEKEND

Copy of the complete roster is available in the sacristy.

13/2/21 to 14/2/21 6<sup>th</sup> Sunday in Ord. Time Year B

	Saturday 7pm	Sunday 9am
<b>Acolyte</b>	Need help	Lorraine Daley
<b>Reader1</b>	Mary Camilleri	Judy Horton
<b>Reader2</b>	Miriam Brown	
<b>Prayers</b>	Mary Gambino	Helen Facione
<b>Music</b>		Karina Takchi
<b>Music</b>		Takchi Family

## LENTEN GROUPS

Interested in holding a Lenten Group at home or Church during Lent starting the week after Ash Wednesday 17th February?

Contact the office for more information and booklets on: 9653 2312.

## LENT 2021 WITH BRUCE DOWNES THE CATHOLIC GUY

Be inspired, Be refreshed, Be renewed!

Come on a 40 day journey with me and I know this will be a powerful and prayerful Lenten journey together. Receive a short inspiring video each day during Lent. This program is FREE and you can sign up here:

<https://BruceDownes.org/Lent>

Call 1300 734 880 for more info



Aid to the  
Church in Need

ACN AUSTRALIA

A message from *Aid to the Church in Need Australia*:

Job Vacancies - Are you looking for flexible ongoing part time work? Will you share the stories of suffering Christians?

*Aid to the Church in Need* is recruiting for a number of **Diocesan Outreach Assistants** who will deliver monthly presentations in parishes across Australia.

For more details visit [www.aidtochurch.org/work](http://www.aidtochurch.org/work)

## CCC PRAYER GROUP

Prayer meeting held every Friday night after 7pm Mass, and Wednesday mornings after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



## CATECHIST NEWS

Thanks to everyone who was able to attend the Catechist meeting this week and pick up their books.

### SRE (Scripture) starting dates

Arcadia, Galston, Glenorie and Middle Dural PS – Wednesday 17<sup>th</sup> February  
Hillside – Friday 12<sup>th</sup> February

Free **Ministry Induction training** will be held over several weeks starting this Monday 8<sup>th</sup> February, as a morning course 10am-12pm OR and afternoon course 1pm-3pm. Please contact me for further information.

### Catechist Vacancies

Years 1&2 at Arcadia PS Wednesdays 11:45am -12:15pm  
Years 3-6 at Hillside PS Fridays 8:50am – 9:45am  
Kindergarten helper at Glenorie PS Wednesdays 10:10am – 10:50am

If you are free on Wednesday mornings or Friday mornings and love being with children, why not consider joining this ministry.

God bless,  
Miriam Brown 9652 0558 or [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Co-ordinator

## THINKING ABOUT PRIESTHOOD?

A Seminary Open Day will be held at on Sunday 14 February 2021 at the Good Shepherd Seminary, 52-58 Abbotsford Road, Homebush starting with Morning Prayer at 9.00am and a public Mass at 10:00am. The day will include prayer, conversations with seminarians and priests, talks with information about the studies required of men training for the priesthood and a guided tour around the Seminary. Brunch will be provided.

For registration or more information visit us at [vocationcentre.org.au](http://vocationcentre.org.au) or contact us at the Vocation Centre on 02 9307 8424 or email [vocations@sydneycatholic.org](mailto:vocations@sydneycatholic.org) or alternatively contact the Vocations Office Broken Bay on 0418 522 449.

## PARISH SWEETS STALL

The weekend we have all been waiting for is this weekend for the Parish Sweets Stall **5th to the 7th February 2021** (after Mass on Friday 7pm, Saturday 7pm, Sunday 7am Chapel, 9am and 10.30am, and 4.30pm Latin Mass.)



**Please feel free to bring items for sale to help the parish.** For any queries or donations please call Lila Bacha on 96521113 or 0418360024.

## ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome. For more details call Angela Egiziano. Ph: 9653 2312.



## In Our Parish

We remember in our prayers, all our dearly beloved who have died.

We welcome into God's family to all who were recently baptised.

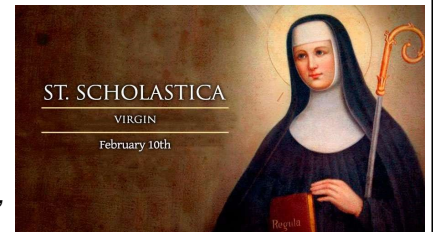
We pray for the sick of our Parish.

## SAINT OF THE WEEK

### Saint Scholastica

c. Early 6th Century—547  
Feast Day: February 10th

*Patron Saint of nuns, convulsive children,  
education, and books*



St. Scholastica, **twin sister of St. Benedict**, consecrated her life to God from her earliest youth. After her brother went to Monte Cassino, where he established his famous monastery, she took up her abode in the neighbourhood at Plombariola, where she founded and governed a monastery of nuns, about five miles from that of St. Benedict, who, it appears, also directed his sister and her nuns. She visited her brother once a year, and as she was not allowed to enter his monastery, he went in company with some of his brethren to meet her at a house some distance away. These visits were spent in conferring together on spiritual matters. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection.

St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She had recourse to prayer and a furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. They spent the night in spiritual conferences. The next morning they parted to meet no more on earth. Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. He sent his brethren to bring her body to his monastery and laid it in the tomb he had prepared for himself. She died about the year 543, and St. Benedict followed her soon after.

*Saint Scholastica, you established the woman's branch of the Benedictine Religious Order, and so gave Christian women their own communities to govern and rule. Help all who invoke your intercession to remain anonymous and humble even when developing great plans for God and His Church. You are great and you are unknown. Help us to desire the same. AMEN.*

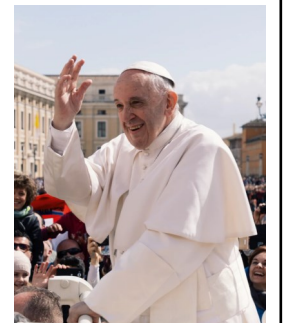
Source of content: [mycatholic.life](http://mycatholic.life)

## POPE FRANCIS' INTENTIONS FOR FEBRUARY 2021

### VIOLENCE AGAINST WOMEN

We pray for women who are victims of violence,  
that they may be protected by society and have their sufferings  
considered and heeded.

**AMEN**



## COVID 19 RESTRICTIONS

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.  
Please adhere to social distancing guidelines of 4sqms and sanitize your hands at the door.  
Also wipe seats down afterwards with wipes provided at both entries.**

**MASKS ARE MANDATORY.  
IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,  
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

Office Hours: Mondays 10.30am to 2.30pm

Fridays 10am to 3pm

Parish Office: 9653 2312

Parish Priest: Fr. Bernard McGrath OSB

After hours: 0416 032 497

Email: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

Address: Cnr Fagans & Arcadia Rd,  
Arcadia 2159

Monastery: 9653 1159

Good Samaritan Sisters: 9653 1231

Postal address: 121 Arcadia Rd, Arcadia 2159

For all parish Occupational Health & Safety and  
Safeguarding Children matters

Contact: Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 1446 8001